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# ACTIVITIES @ ADARE

Effective October 2019



## Amazing Race

In tribes, participants negotiate a series of challenging activities that require a high level of team work to be successful.

## Aqua Adventure

When you can't get to the beach we bring the water to you. Tribes work together in a series of fun and engaging activities. Ensure participants are not wearing their Sunday best because they will be wet in no time!

## Beach Games

Participants undertake a number of competitive beach activities designed to maximize teamwork and encourage physical participation – a great way to start camp.

## Bodyboarding

Time spent at the beach is an Australian constitution. Under the watchful eye of our qualified facilitators, participants are introduced to the ocean swells whilst learning how to body board and ride the surf.



## Brain Twister

Participants' problem solving skills are challenged through a series of team activities that require 'out of the box' thinking. Tribes will need to draw on each other's skills and each play their part if they are to be successful. Sometimes the quietest tribe member is the one with the best things to say!

## The CACTUS

At the end of a big camp we step it up a notch! Tribes work together from Adare down to the beach and back again to earn equipment for a wide-game across the entire site. The winning tribe has their name etched in history as the victors of their school for the year.



## Challenge Course

In tribes, participants navigate their way through a series of challenging activities that require teamwork and initiative to achieve success.

## Crate Stacking

It's time to build! Participants engage in a daring team construction activity where they need to build and climb their milk crate tower before it collapses.

## Expedition

Looking back over the rugged coastal cliffs towards The Bluff and greater South Coast is a sight to behold. Participants have the opportunity to hike a stunning 14km section along the world famous Heysen Trail.

### **Flying Kiwi**

Participants are raised 15 metres above the ground by their fellow tribe members, experiencing G-force Superman style. This strange sensation is powered by people, illustrating what can be accomplished when physics, teamwork and safety gear all combine.

### **Kayaking**

Explore Hindmarsh River by water! Kayaking is a great way to introduce students to water fun and safety. However, our fleet of double kayaks won't be going anywhere unless participants communicate and cooperate to keep their paddling in sync so that they stay on course.

### **Mountain Bikes**

Riders undertake a competency skills test followed by a scenic ride along one of the many South Coast bike trails. There are different journeys we can take, depending on the riding ability of the group.

### **Parachute Games**

Participants are engaged in a series of team games which take place on top of, around and underneath a giant parachute, all where teamwork and cooperation is a must. (Ideal for Years 2-4)



### **Raft Making**

How would you survive with if needed to stay dry on your own, personally designed raft? Not only does it need to be sturdy, it needs to be quick enough to beat the other groups. Hope you have been practicing your knots because they will be needed in this open water challenge.

### **Shelter Building**

The storm is coming! Will you stay safe and dry? Work together with your tribe mates to build a shelter that will protect you from the coming wind and rain.

### **Surf Rescue**

Water safety is an essential life skill. Participants learn about the ocean and the dangers that may be encountered on Australian beaches. They also experience activities that surf rescuers have been involved in for generations.



### **Survivor Challenge**

Participants find themselves physically tethered to a continuous series of puzzles. Many tribes begin the Survivor Challenge but not all will make it out the other side! This activity sees groups undertake a number of challenging activities to explore the dynamics of effective teamwork and experimental learning.

### **Team Relay Challenge**

Racing against other tribes sounds easy, but if you are in a sack, on a moon bouncer, tied to one or many other tribe members, the challenge ramps up! You will need to work together in order to emerge victorious in Team Relay Challenge.

### **Water Obstacle**

In the spirit of 'Survivor' tribes work together to build a series of systems that will transport water between two points in order to release a puzzle. A fun activity - not for the faint hearted. Be prepared to get wet and grubby!